

Art Appreciation L1A Art and Dreams

Art and Dreams



This course would explore how artists have represented dreams, imagination, the subconscious and visionary worlds. It could include artists connected to Surrealism, symbolism, fantasy, memory and inner landscapes, looking at how images can express emotions, fears, desires and alternative realities.

No previous experience is needed—just curiosity and a willingness to explore art, art history and art practice.

If you are interested in developing your creative skills, book onto one of our courses from the Creative Arts offer.

Start Date: 24 September 2026
Start Time: 10:00
Lessons: 10
Weeks: 10
Hours: 20.00

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

WHAT WILL I LEARN ON THIS COURSE?

Learners will:

1. Participate in at least 1 discussion to aid understanding of how different cultures and historical periods have represented dreams
2. Develop practical skills to produce at least 1 experiment
3. Reflect on personal associations with dreams and express these through discussion or practical experiments with the materials given

Whether you would like to learn new creative skills or to investigate the possibility of a new art -based career, MAE Community Learning courses can provide you with a stepping stone to progress

IS THIS COURSE SUITABLE FOR ME?

This course is open to all and requires no prior art knowledge. It is especially suitable for those who enjoy talking about and exploring art and art history as well as those who want to explore the art of dreams, mindfulness, or gentle creative exploration.

IS THERE ANYTHING ELSE I NEED TO KNOW ABOUT THIS COURSE?

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

Pen
Pencil, eraser, sharpener

You will be provided with a sketch book and basic art materials to use within the class

WILL THERE BE ADDITIONAL COSTS?

Learners may wish to purchase their own art materials, but this is not essential. Your tutor can advise those who wish to purchase items after the first lesson.

WHAT COULD I GO ON TO DO AFTER THIS COURSE?

Your tutor can talk to you about other subject related course available. Your progression course is R264117A Art Appreciation L1B Women Who Changed Art

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

WHAT IS THE ATTENDANCE POLICY

Multiple sessions-

To get the most out of the course:

- Try to attend at least 90% of sessions
- Let your tutor know if you will miss a class
- If you are ill or absent, contact: 01634 338400

HEALTH & SAFETY

Health and Safety Disclaimer

By taking part in this course, you understand that Art involves use of tools, materials and equipment and carries some risk.

You agree that:

- Art activities can involve some risk (tools, materials)
- Work at a level that suits your ability
- Wear suitable clothing and protect your work area
- Agree to the ground rules and follow safety guidance from your tutor
- Medway Adult Education is not responsible for personal injury or damage to personal property.
- By attending the course, you confirm that you have read and understood this information.